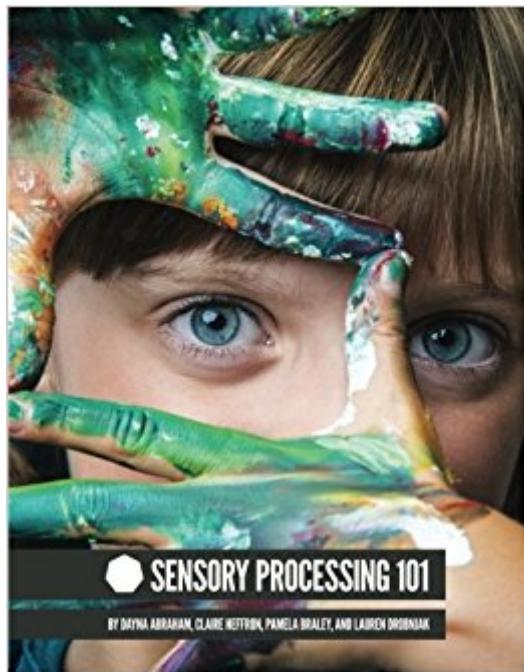


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# Sensory Processing 101



## Synopsis

NEVER STRUGGLE TO EXPLAIN "SENSORY" AGAIN Whether you are a parent, educator, caregiver, or therapist, this easy-to-read guide is your starting point to gain a better understanding of sensory processing and the body's sensory systems. You may have heard of Sensory Processing Disorder, but this book is designed to help all children - not just those with a sensory disorder. The truth is that supporting healthy sensory processing is an important part of promoting overall health in every child. **BECOME A STRONGER TEACHER AND A MORE "TUNED IN" PARENT** All children have unique sensory preferences and needs. When we don't fully understand sensory processing, we may misinterpret behaviors, labeling children as "naughty" or "spoiled". When parents and teachers understand the basics of sensory processing, they are more tuned into kids' basic needs and can use simple strategies to address them at home and in the classroom.

**3 BOOKS IN 1 Easy to Use Resource** No more piecing information together from several different resources. Sensory Processing 101 contains simple explanations about sensory processing, creative and engaging sensory activities for kids, and reproducible sensory resources - all in one place so you can find what you're looking for quickly and easily. With this comprehensive guide, you get three books in one, including:

- \*Sensory Processing Explained: An explanation of each sensory system from a therapist's point of view and from the perspective of a parent and educator
- \*Sensory Activities: Step-by-step instructions for activities you can use in everyday play with kids at home or at school to support the development of each sensory system
- \*Sensory Resources: Resources related to sensory processing, including support groups for parents and caregivers of children who have sensory needs, cheat sheets with quick overviews of each sensory system, and more

This full-color sensory guide is different than anything you have read before. It contains:

- \*Information concisely presented in one place to support sensory needs at home and in the classroom
- \*Real life stories from the classroom, home, and therapy settings
- \*Parent friendly language
- \*Easy to navigate format so you can find the information you need at the right moment
- \*Extensive list of sensory behaviors with strategies, activities and resources to help you understand your child and address their sensory needs
- \*Reproducible resources such as red flag checklists, sensory system overviews, quick materials shopping lists for sensory activities

## Book Information

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## Customer Reviews

"What a practical, reassuring, visually appealing, lovely book! Not just an excellent introductory "101" course on SPD, this is also an "All-in-One" resource book, with its engaging activities and reproducible review pages to slip in your pocket or share with others who care for children with sensory challenges." ~Carol Stock Kranowitz, The Out-of-Sync Child "Grounded in clinical expertise and loaded with personal experiences, this book is a gem for parents looking for answers." ~ Angela Hanscom, MOT, OTR/L, TimberNook.com and Balanced & Barefoot Tremendous insight into students who are easily overstimulated by noise, and struggle to sit still and pay attention. The strategies make so much sense! Sensory processing is a piece of the puzzle that has been missing my entire career. ~ Vanessa Levin , Pre-KPages.com and A Fabulous First Year and Beyond I am really excited about this book because I know it is going to help parents like me. As a mom of three boys, our family has dealt with our share of sensory processing issues.

~Holly Homer, MPT, Kids Activities Blog and co-author of 101 Kids Activities that are the Bestest, Funnest Ever!What a practical, reassuring, visually appealing, lovely book! Not just an excellent introductory "101" course on SPD, this is also an "All-in-One" resource book, with its engaging activities and reproducible review pages to slip in your pocket or share with others who care for children with sensory challenges.- CAROL STOCK KRANOWITZ, AUTHOR, THE OUT-OF-SYNC CHILD As a classroom teacher for more than 20 years, this book has given me tremendous insight into working with students who are easily overstimulated by noise, and struggle to sit still and pay attention. The strategies suggested in this book and the explanations given make so much sense! I feel like sensory processing is piece of the puzzle that has been missing my entire career. Now I can finally put everything together to help teachers and children in the classroom. - VANESSA LEVIN, FOUNDER OF PRE-KPAGES.COM AND AUTHOR OF A FABULOUS FIRST YEAR AND BEYOND This reader-friendly book is a handy guide for parents that have children with sensory

issues of any kind. With great gentleness and humility, *Sensory Processing 101* describes sensory processing disorder from both a therapist's perspective and a parent's perspective - unveiling and simplifying sensory issues from an intolerance of getting messy to having to put anything and everything in the mouth. Grounded in clinical expertise and loaded with personal experiences, this book is a gem for parents looking for answers. - ANGELA HANSCOM, MOT, OTR/L, CEO AND FOUNDER OF TIMBERNOOK AND AUTHOR OF *BALANCED & BAREFOOT* I am really excited about this book because I know it is going to help parents like me. As a mom of three boys, our family has dealt with our share of sensory processing issues. Even though I am a Physical Therapist, I didn't initially identify the cause of the problem which lead to frustration and tantrums. Once we knew what it was and what to do, everything changed for the better. - HOLLY HOMER, MPT, FOUNDER OF KIDS ACTIVITIES BLOG AND CO-AUTHOR OF *101 KIDS ACTIVITIES THAT ARE THE BESTEST, FUNNEST EVER!*

Dayna Abraham is a National Board Certified early childhood teacher turned homeschooling mom of three. She started blogging at Lemon Lime Adventures to share her real-life experiences with homeschooling and supporting her son with Sensory Processing Disorder as well as to share life's sweet and sour moments. Her mission is to remain down to earth while providing ideas for intentional learning experiences ranging from science to sensory play. Visit Lemon Lime Adventures at [lemonlimeadventures.com/](http://lemonlimeadventures.com/). Claire Heffron and Lauren Drobnjak are practicing pediatric occupational and physical therapists who blog at The Inspired Treehouse. Pamela Braley, also an occupational therapist, is a co-creator and contributor to The Inspired Treehouse. Claire holds a Master of Science in Occupational Therapy from The University of North Carolina and has been practicing in public and specialized school-based settings for 10 years. Lauren graduated from Youngstown State University with a Bachelor's of Science in Physical Therapy. She has practiced for more than 15 years in both clinical and school-based settings. Pamela holds a Bachelor's of Science degree in Occupational Therapy from The Ohio State University and has 18 years experience practicing in pediatric clinical and school-based settings. Claire, Lauren, and Pam use outcome- and evidence-based techniques to evaluate and treat children with a wide range of diagnoses and developmental delays. The three therapists also share a passion for promoting healthy development for all children by providing information, activities for kids, and resources at The Inspired Treehouse. Visit The Inspired Treehouse at [theinspiredtreehouse.com/](http://theinspiredtreehouse.com/)

I bought this for one specific reason (to address one minor known issue with one child) and learned

SO much about both kids and even myself! It never occurred to me there could be a reason why my daughter doesn't sit still well in school, and things like that...we are working on that and more in our family now and I'm so grateful to have this roadmap!

This is a great resource for parents. As I read the book I had so many "ah-ha" moments where some of the things that my child did made a little more sense. This is a great go-to resource for a parent who either thinks their child has a sensory processing difficulty or was recently given a diagnosis. TONS of practical advice.

I work in a Pre school with Children of all abilities , and I share this book with my fellow teachers.. When you are in the middle of a sensory meltdown, it is easy to reference and at a quick glance get an idea of what you could do to help the child calm down and cope.. and then at a quiet time, its a great book to look through and strategize for when things may go haywire .I also have a 10 yr old son with SPD and we have read this book together and he is excited to try some of the ideas in the book .

I am very impressed with the quality of this book! I appreciate how it presents each sensory system from the perspective of therapists, as well through the eyes of parents and educators. The beautiful photography, easy to use format, and fun activities make this a must have resource for any parent or educator, not just those of children with sensory processing difficulties.Julie, Pediatric Occupational Therapist

This book is the best one I have read about Sensory Processing Disorder. It is geared for teachers, but also helpful to parents. It explains everything in simple terms. There are activities to help you child with some of their sensory issues.Price was better than our local store plus gas for the car. It took longer than normal for delivery since it was from a third party vendor. Worth the wait!

I opened the book and within the first few pages I felt like I had learned more than I have reading multiple other sources!

As an educator in early intervention, this book was really clear and comprehensive. The stories that the writer brought up really impacted me and I really appreciated the cheat sheets and guides. All parents and educators should read this book in order to gain more perspectives on why a kid may

be behaving as such. Thank you so much! (:

Great overview of the basics of everything related to sensory processing. Makes the information accessible no matter your background knowledge. Helped us understand a bit more about what might be going on with our son and how we could start to help him. If you have questions about sensory processing this is a great place to start b

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